

December 2022



Health & Life

the Eder Way



Season's Greetings

Open enrollment has ended, and you now have the insurance you need to keep you and your family healthy and protected through 2023.

Year's end is a great time to make sure your beneficiaries are up to date. You can review your beneficiary selection at ederfinancial.mybenefitchoice.com. It is a quick process and one that ensures your wishes are followed.

Throughout the year, but especially during the holiday season, please know that we at Eder Health & Life consider it our privilege to serve you, and we send our warmest wishes of comfort and joy to you and your loved ones.

Happy Holidays,
Debbie Butcher
Operations Manager:
Health & Life Benefits



ID Cards



Beginning in 2023, your healthcare provider can verify your coverage using the name of your insurance, your name and your birth date. If you prefer to have a physical card, no worries! ID cards for Eder Medical Plan members will arrive in the mail soon. You can tuck the new card in your wallet when it arrives – or not. The choice is yours.

While ID cards are not needed to visit your vision and dental providers, both [Delta Dental](#) and [EyeMed](#) offer printable ID cards on their websites. Digital ID cards for each provider are also available by downloading their mobile apps through the Apple App Store or Google Play.

Your benefit confirmation statement is on the way

Now that Open Enrollment is complete, you should receive a benefit confirmation statement in the mail. Your benefit confirmation statement will include a list of your benefits, your personal information, and your beneficiary (if you have elected one). Questions? Reach out to the Eder Health & Life Service Center at 800-217-0067 or contact.center@milliman.com.

To check all your insurance benefits:

Visit the login [site](#) and click on View Benefits.

Get virtual physical therapy if you are a member of Eder Medical Plan

You now have more options for your physical therapy needs. Access to virtual physical therapy is included in the Eder Medical Plan. Physical therapists are now available to provide virtual physical therapy to help reduce pain and manage related anxiety. This works by using sensor-based technology and guided exercise. There are no out-of-pocket costs; you are even provided with a free tablet and wearable sensors, and you can complete your guided exercise from anywhere. You'll need to install a phone-based app for easy communication.

Eder Health & Life offers Medicare Supplement insurance

Are you about to turn 65 and go on Medicare? You may need Medicare Supplement insurance to cover what Medicare does not.

If you already have a Medicare Supplement and received offers for "advantage plans," you can talk to an independent insurance broker before signing up.

If you work for a congregation or an organization affiliated with Eder Financial, we can provide the Medicare Supplement coverage you need. Call us for more information.

Talk to your organization's benefits contact or Debbie Butcher at 847-622-3391 or dbutcher@eder.org.