

Flourishing in Ministry

Coaching for Church of the Brethren Clergy and Spouses



Eder Financial

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Free Coaching Sessions

Active Church of the Brethren clergy members and their spouses are eligible to receive up to 15 free coaching sessions* per year to sustain and improve personal resilience and overall well-being. Eder Financial, Inc. has partnered with Biola University's Mental Health and the Church Initiative to offer this program.

Types of Assistance

Coaching is a confidential conversation with a trained professional to help you pursue your goals and move past areas in which you feel stuck. Coaching can help address situations such as:

- I want to take better care of myself while I'm in ministry.
- I'm doing fine, but I want to learn how to sustain this because I have a busy season ahead.
- I really feel ministry is taking a toll on me and I want help.
- I want someone to talk to about what's really happening in my life.
- I have an important decision to make and I don't know what to do.
- Something major just happened at my church and I need to process it.

**Flourishing in Ministry coaching sessions are billed directly to Eder and are not considered taxable for the recipient.*

Certified Professionals

Flourishing in Ministry Certified Coaches are specifically trained to help you address issues related to your personal well-being. All Flourishing in Ministry certified coaches have ministry experience, and they all are trained according to the latest research on clergy well-being and coaching skills accredited by the International Coaching Federation.



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To enroll, contact Diane Parrott at **847-622-3361** or email **CWGrants@eder.org**.