

December 2023



Health & Life

the Eder Way

Honoring the Spirit

Because we have astonishing medical technology, excellent health insurance, and skilled healthcare providers, we may sometimes forget that good health is a gift from God. The Apostle Paul wrote in 1 Corinthians 6:19-20 that the body is a temple of the Holy Spirit, which we honor when we keep ourselves healthy. We can further demonstrate our gratitude by taking advantage of the provisions God has given us.

By God's grace, Eder Financial offers a number of products that provide wellness for the body. In addition, Eder accident insurance can reduce anxiety and help members live life free from fear.

During this holiday season, may you enjoy excellent health, the blessings of faith and family, and abundant joy.

Merry Christmas!

Jeremiah Thompson
Director
Health & Life Benefits



A good deal

Accident insurance is less complex and offers quicker benefits than other kinds of insurance. There is no deductible or copay and no qualifying physical exam. A predetermined amount is paid for each injury or medical service, regardless of how much your other insurances have already paid, and these payments are made quickly.

Consider what happens when you have an accident. There are always additional expenses not covered by your health insurance or (if in an auto accident) by your car insurance. Even with the best possible coverage, you always have some out-of-pocket costs, and sometimes lost work time, travel, maybe lodging and food, etc. Your accident insurance payments can be used for these and to cover rent, mortgage payments, utilities, groceries, student loans, childcare,



supplies, even college tuition. The beauty of accident insurance is that it gives you extra money, and the payments come directly to you, to use as you wish.

For information about accident insurance from Eder, contact Debbie Butcher at 847-622-3391 or insurance@eder.org.

At-home healthcare devices you may want

As telemedicine becomes more prevalent, there are devices you can have in your home that monitor and transmit your health information by Bluetooth technology to your doctor or other healthcare provider. Here are a few options...

Blood glucose testing and/or monitoring system

Digital blood pressure cuff

Pulse oximeter to measure pulse and oxygen level

Forehead digital thermometer

EKG monitor to measure heart arrhythmias

Digital otoscope to examine the ear

Bluetooth-enabled scales to measure weight & BMI

High definition webcam for virtual consultations

As new technology makes it easier and more convenient to manage your health, ask your physician how you can take advantage of these opportunities. Items listed above may also be covered under your Health Savings Account or Flexible Spending Account!

Talk to your organization's benefits contact or Debbie Butcher at 847-622-3391 or insurance@eder.org.